

VT/NH Family Frenectomy Resources

Local IBCLCs (International Board Certified Lactation Consultants)

Alice Gonyar, IBCLC
Willison, VT
www.facebook.com/Nanaknowsbreast
alikhnit3@comcast.net

Ariel Louis, PhD, IBCLC
Upper Valley/Woodstock, VT
www.woodstocklactation.com
(281) 731-7313

Sally Pennington, IBCLC
Brattleboro, VT
(802) 257-7852

Laura McCormick
Addison/Chittendon Counties, VT
www.lauramccormickibclc.com
(802) 233-2110

Sue Martin, IBCLC
Nashua/Southern NH
www.suemartinibclc.com
(978) 758-2325

Wendy Jordan, IBCLC
Seacoast, NH
www.seacoastlactation.com
(603) 531-3628

Teri D'Onofrio, IBCLC
Manchester/Concord, NH
www.stjosephhospital.com
tdonofrio@sjhnh.org

Vicki Rich, IBCLC
Northern, VT
www.lactationandbirthingsolutions.com
(802) 888-3470

Wendy Beals, IBCLC
Online- lives in NH
bealsbunch@ne.rr.com

Judith Fayre, RN, IBCLC
Southeastern NH
(603) 658-8282
Jwrenfayre44@gmail.com

Maryann Lessard, RN, IBCLC
Lakes Region, NH
willardmaryann5@gmail.com
(603) 496-2073

Sara Ann Hiland, RN, IBCLC, RLC
Bedford, NH area
www.nourishlactationnh.com
nourishlactationnh@gmail.com
(646) 653-1642

Hospital-Based Lactation Support

Alice Peck Day Memorial Hospital, Lebanon NH: (603)448-3121
Catholic Medical Center, Manchester NH: (603)663-6686
Cheshire Medical Center, Keene NH: (603)354-5480
Concord Hospital, Concord NH: (603)225-2711
Dartmouth Hitchcock Medical Center, Lebanon NH: (603)650-6159
Elliot Hospital, Manchester NH: (603)669-5300
Exeter Hospital, Exeter NH: (603)778-7311
Lakes Region General Hospital, Laconia NH: (603)524-3211
Littleton Regional Hospital, Littleton NH: (800)464-7731
Memorial Hospital, North Conway NH: (603)356-5461
Monadnock Hospital, Peterborough NH: (603)924-4699 x4174
Parkland Medical Center, Derry NH: (603)432-1500
Portsmouth Regional Hospital, Portsmouth NH: (603)436-5110
Saint Joseph Hospital, Nashua NH: (603)882-3000
Southern NH Medical Center, Nashua NH: (603)557-2662
Wentworth-Douglass Hospital, Dover NH: (603)742-5252

Bodyworkers

Amber McClelland, DC
Upper Valley/Lebanon, NH
www.uppervalleychiro.com
(603) 298-7400

Carolyn Kohler-Damron, DC
Milford, NH
www.thehealingroomchiropractic.com
(603) 672-7266

Chelsea Doughty, DC
Concord, NH
www.drchelseadc.com
(603) 860-1910

Erin Sepic, DC
Richmond, VT
www.synergichealth.com
(802) 434-5437

John Bomhoff, DC
Pembroke, NH
www.nhcranosacral.com
(603) 230-0614

Sally Thursby
Wilder, VT/Lyme, NH
www.sallythursby.abmp.com
(603) 795-4444

Angelique Priscilla, PT
White River Junction, VT
www.angeliquepriscilla.com
(802) 722-4023

Irvin Eisenberg, LMT
Montpelier, VT
www.montpeliersi.com
(607) 837-5240

Sparrow Stevens, PT
Brattleboro, VT
www.holisticwomenscare.com
(802) 258-7557

Speech Language Pathologists (SLP), Feeding Specialists, Occupational Therapists

Chayah Lichtig, MS OTR/L
Montpelier, VT
chayah.lichtig@gmail.com

Janine Johnson, MS OTR/L
Bedford, NH (SERESC)
jjohnson@seresc.net

Judy Mikami, SLP
Manchester, NH
www.seresc.net
(603) 206-6800

Denise Mitchell, SLP
Lebanon, NH
(603) 448-5218

Janice Freethey O'Shea, M.S., SLP
Manchester, NH
<http://littlebitesfeedingtherapy.com/>
(603) 345-8710

Oral Myofunctional Therapy (OMT)- online (Skype/Facetime) only at this time

Amy Ludemann Lazar's office
www.kidstowndentist.com

Lisa Lahey
lahey.lc@gmail.com

Sandra Coulson
www.sandracoulson.com

Michale Fetzik
Fetzik7@hotmail.com

Sarah Hornsby
www.myfaceology.com

Jennifer Tow
iparentllc@aol.com

Pediatric Dentists, Orthodontists, Pediatricians

Elizabeth Walker, DDS (airway ortho)
Williston, VT
www.tmjvt.com
(802) 876-7803

Danielle Hinton, DMD
Concord, NH
www.concordpediatricdentistry.com
(603) 224-3339

Mary Bender, MD
Windsor, VT
www.mtascutneyhospital.org
(802) 674-7300

Eileen Saunders, DMD
West Lebanon, NH
www.uvpediatricdentistry.com
(603) 790-8130

Larry Kotlow, DDS
Albany, NY
www.kiddsteeth.com
(518) 489-2571

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Concord, NH 03301